



American Friends Service Committee

Middle Atlantic Regional Office

4806 York Road, Baltimore Maryland 21212-4435 • 410-323-4200 • Fax 410-323-7292 • www.afsc.org

Baltimore Youth Empowerment through Conflict Resolution Training Offerings

Basic Help Increase the Peace Training (12 hours)

\$75 per person (+ transportation outside of Baltimore Metro Area)

Participants: minimum 6-15 maximum

Help Increase the Peace Manuals Included

Description: This twelve hour workshop is an introduction to Help Increase the Peace (HIPP) strategies and methodology. Participants will learn about the history of HIPP as well as participate in basic HIPP activities focusing on conflict resolution, communication skills and social justice.

Teacher Trainings

Basic Help Increase the Peace (3 hours)

\$150 (+ transportation outside of Baltimore Metro Area)

Participants: minimum 6-15 maximum

Help Increase the Peace Manuals available for \$20

Description: This workshop is a very brief introduction to Help Increase the Peace (HIPP); its strategies, methodology and activities. Participants will partake in activities that address classroom listening skills, conflict resolution, etc.

Peace in the Classroom (3 hours)

\$150 (+ transportation outside of Baltimore Metro Area)

Participants: minimum 6-15 maximum

Help Increase the Peace Manuals available for \$20

Description: This workshop will focus on how to create a classroom where peace is practiced and promoted. Through various games and activities, participants will learn about how cooperation, consistency, good listening skills, and assertiveness create a peaceful and productive classroom environment.

Listening to our Youths (2 hours)

\$100 (+ transportation outside of Baltimore Metro Area)

Participants: minimum 6

Help Increase the Peace Manuals available for \$20

Description: This workshop will go over the importance of listening to youths when trying to work out a problem and provide viable solutions. We will explore power dynamics and active listening skills as it relates to working with young people.

Basic Conflict Resolution Strategies (2 hours)

\$100 (+ transportation outside of Baltimore Metro Area)

Participants: minimum 6-15 maximum

Help Increase the Peace Manuals available for \$20

Description: This workshop will focus on basic conflict resolution strategies that teachers can teach their students, or use with their students. This includes communicating feelings (I-statements), active listening skills, and introduction to mediation strategies.

Parent Trainings

Basic Help Increase the Peace (3 ours)

\$150 (+ transportation outside of Baltimore Metro Area)

Participants: minimum 6-15 maximum

Help Increase the Peace Manuals available for \$20

Description: This workshop is a very brief introduction to Help Increase the Peace (HIPP), its strategies, methodology and activities. Participants will partake in activities that help keep the peace in a home setting: listening skills, conflict resolution, etc.

Listening to our Youths (2 hours)

\$100 (+ transportation outside of Baltimore Metro Area)

Participants: minimum 10

Help Increase the Peace Manuals available for \$20

Description: This workshop will go over the importance of listening to our youths when trying to work out a problem and provide viable solutions. We will explore power dynamics and active listening skills as it relates to working with young people.

Peace at Home (2 hours)

\$100 (+ transportation outside of Baltimore Metro Area)

Participants: minimum 10

Help Increase the Peace Manuals available for \$20

Description: This workshop will focus on how to create a home environment where peace is practiced and promoted. Participants will learn how cooperation, consistency, good listening skills, and assertiveness create a peaceful and productive home environment through various games and activities.

For more information contact:

Mia Jones

Program Director

Youth Empowerment through Conflict Resolution

mjones@afsc.org

(W) 410-323-9200

<http://afsc.org/program/baltimore-youth-empowerment>